



HELSE- OG OMSORGSDEPARTEMENTET

Future care for the elderly

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Future challenges

- Demographic and epidemiologic changes
- Shortage of carers
- Many patients need services from different providers.
- Need for more active care
- At the same time the diversity of the older people is growing
- We need new arrangements to respond to the changing demands



White paper: The primary health services of tomorrow

Meld. St. 26

(2014–2015)

Melding til Stortinget

Fremtidens primærhelsetjeneste
– nærhet og helhet

- Co-location and teams
 - Primary health care team
 - "Follow up"-teams
- Competence
 - Action Plan to build competence towards 2020
- Leadership



Follow up- team

- Multimorbid and frail patients
- Coordinator + individual plan + services at home
- Coordinator is often a nurse – coordinate services from different care givers, including GPs
- Core team – nurse + fysiotherapist/social worker – depending og patient needs





Competence action plan 2020

- Need for more workers: higher level of health care expertise and for a greater interdisciplinary range
- The government has launched a competence action plan
- The plan is being submitted in the proposal to the national budget for 2016



Dementia plan 2020 - “A more dementia friendly society”

- Main goals:
 1. Reduce stigma and discrimination
 2. Strengthen the health and care services for people with dementia
- Based on:
 - i. involvement of patients and their carers
 - ii. new and improved knowledge.
- Dementia Plan 2020 addresses amongst other things:
 - i. prevention,
 - ii. timely diagnosis
 - iii. post-diagnostic support
 - iv. Initiatives such as: patient education, general training course and carer support





A quality reform for the elderly

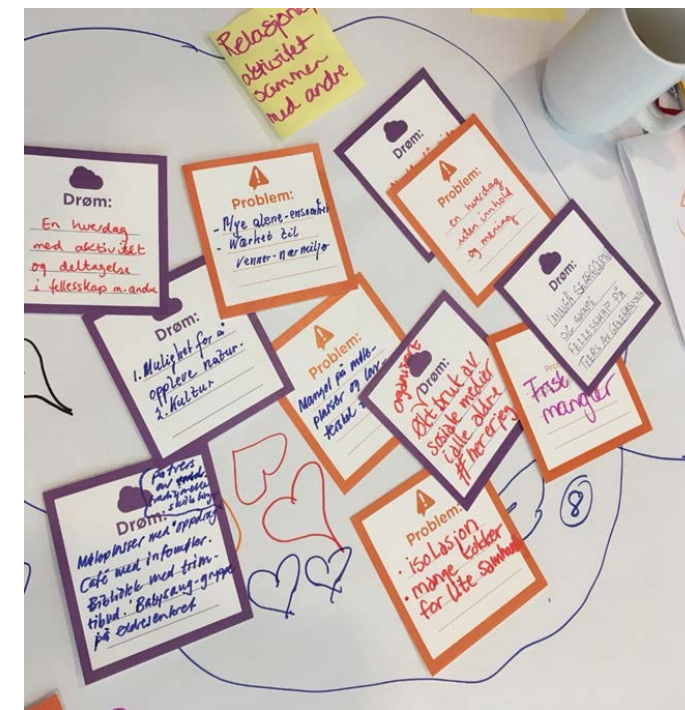
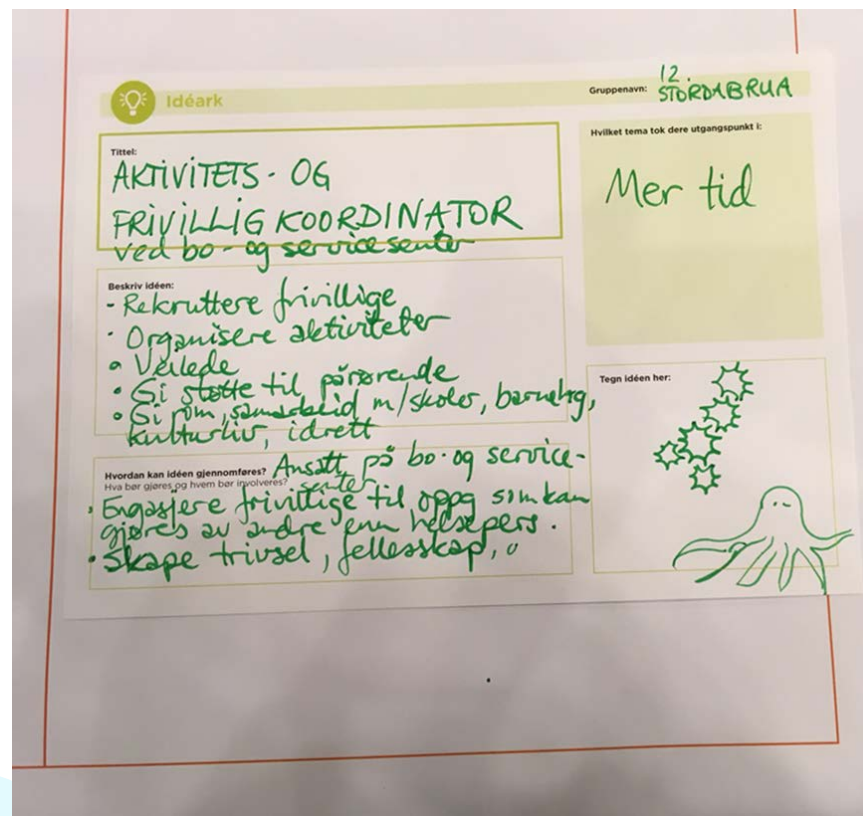
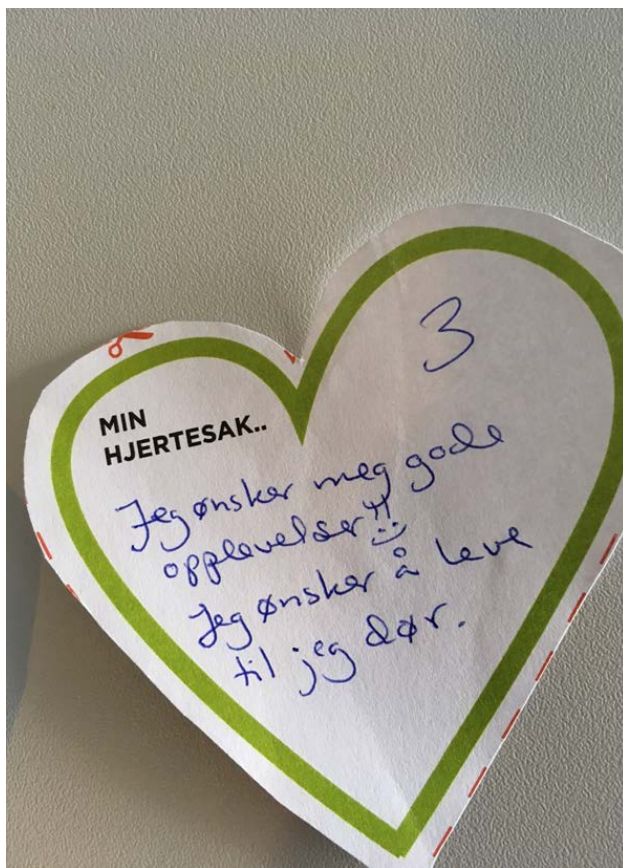
Leve hele livet
- *Vi skaper en kvalitetsreform for eldre*



- There are still challenges: food and meals, activity, healthcare and cooperation
- We want to rise the quality of all the services given to older people
- To do this, we want to put the users and patients wishes and needs in the center
- We have arranged a broad process of dialogue where we have been going around the country and asked for in-puts

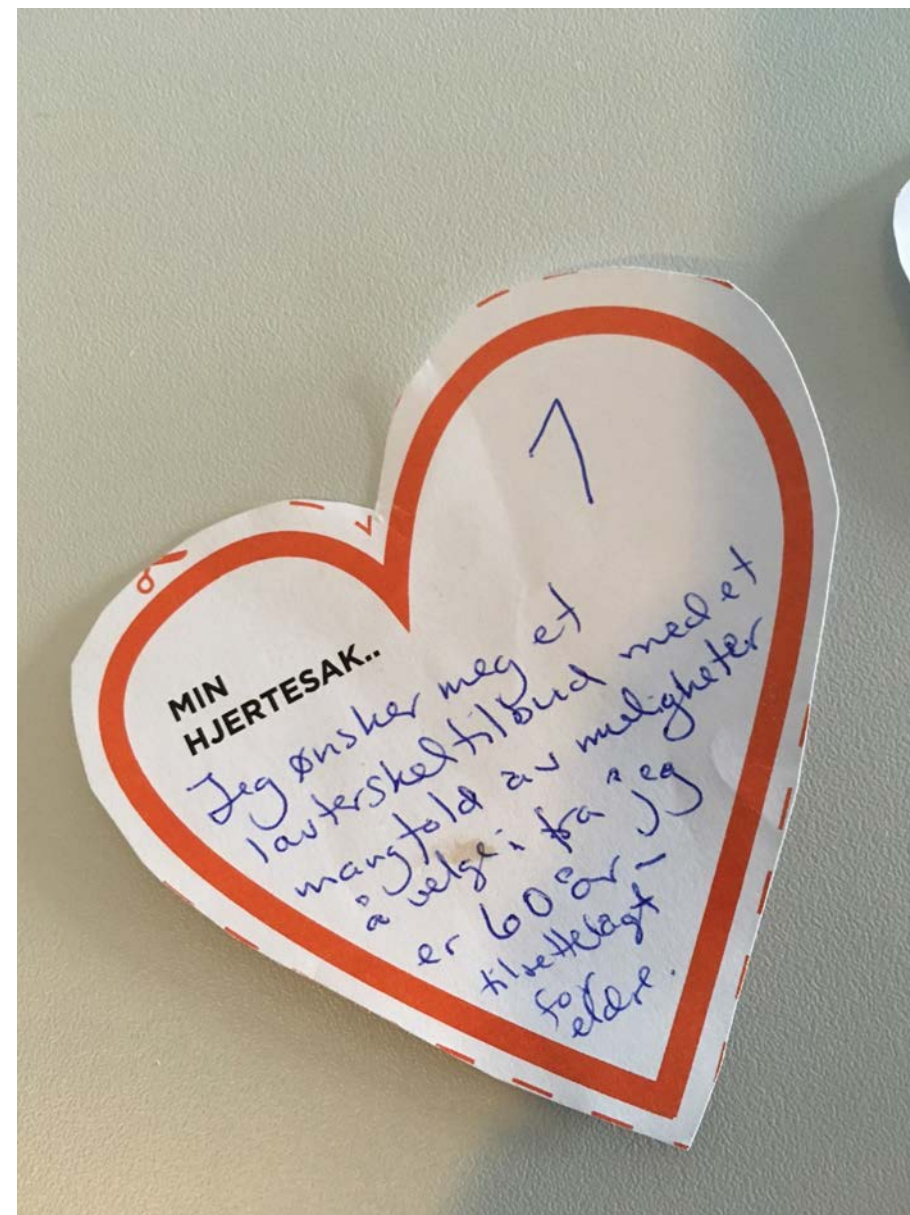
Broad dialogue process

We have received valuable in-puts



A different reform

- Good practices are not spread to others
- We need to make a better system for sharing good practices both on a local, regional, national and global level
- The reform is about sharing the good examples and implement it in ordinary services
- The state has to support with competence, guidance and assistance



The foundation





Milestones

- Launch a White paper- A qualityreform for the elderly – spring 2018
- Implementation Conferences (2018-2019)
- Commencement 2019

